

ST. ANN'S CATHOLIC CHURCH

PO Box 12
204 South Park Street
Hebron, ND 58638-0012

OFFICE PHONE
(701)-878-4658

WEBSITE

www.stannshebron.com

OFFICE HOURS
Tuesdays & Fridays 10
AM to 1 PM

EMAIL
stanns@westriv.com

March 22ND,
2026

FIFTH
SUNDAY OF
LENT

STAFF

Father Gary Benz, Pastor
frgarybenz@yahoo.com
701-348-3518 cell: 701-509-9504

Eve Mollman, Secretary/Business Manager
701-690-7200

Kylie Schaaf, DRE
kylieschaaf@gmail.com

Jacob Krein, Sexton

Wendy Krein, Church Janitor

PARISH COUNCIL MEMBERS

Jackie Staiger, David Johnson, Sara Hauser,
KaSondra Staiger, Nicole Vogle & Ty Wehri



Prayers for the Sick

Please help us keep the list of the sick updated. If you would like to be on the email prayer chain or want to submit a prayer request of any kind please email joanconlon59@yahoo.com:

Blake Kuntz
 Jenny Funk
 Ann Kitzan
 Shane Focht
 Natalie Sutto
 Torin Hedley
 Jamie Kouba
 Daryl Wanner
 Gail Walls
 LuAnn Woeste
 Ashley Braem
 David Berger
 Ardie Krueger
 Heather Woroneicki
 Mitch Moszer
 Ardelle Tibor
 Jim Tibor
 Carletta Meuchel
 Shirley Tibor
 Greg Wanner
 Irene Wanner

Mass Intentions

Mar 21 st	6:30 PM	+ Alvin Wehri by Leonard & Irene Wehri
Mar 22 nd	8:30 AM	+Deceased Members of William Duppong Family
Mar 24 th	9:00 AM	+ Bob Tibor
Mar 27 th	9:00 AM	+ Mary Ann Wolf by Dorothy Feist
Mar 28 th	6:30 PM	+ Clifford Goldade by Leonard & Irene Wehri
Mar 29 th	8:30 AM	+ Andy Dakken by Lois Wanner

Holy Week Ministries sign up available in the gathering space

Ministers

March 21st - Saturday- 6:30 PM:

Lector: Nicole Vogle
 Ushers: Tracy Tibor & Felix Dakken
 Servers: Jovie & Levi
 Rosary: Volunteer

March 22nd - Sunday- 8:30 AM:

Lector: Ken Duppong
 Ushers: Don & Deb Wanner
 Servers: Easton & Linus
 Rosary: Volunteer

March 24th - Tuesday- 9:00 AM

March 25th -Wednesday- Stations of the Cross at 6:30 PM

March 27th - Friday- Mass at 9:00 AM;
 Adoration 9:30 AM to 5:30 PM

March 28th - Saturday- 6:30 PM:

Lector: David Wanner
 Ushers: David & Cheryl Wanner
 Servers: Addison, Tegan & Talon
 Rosary: Volunteer

March 29th- Palm Sunday- 8:30 AM:

Lector: Kirk Peterson
 Ushers: Lee & Sara Reinbold
 Servers: Cambri, Brynlee & Cade
 Rosary: Volunteer

**** Confessions 30 minutes before Mass****

**First, third and fifth Wednesdays
there will be Eucharistic Adoration
from 5:00 PM to 6:00 PM
followed by Mass**

Mass Schedule - Central Time

Masses at St. Ann's

Saturday 6:30 PM

Sunday 8:30 AM

Tuesday 9:00 AM

Friday 9:00 AM

Masses at Sacred Heart:

Saturday 9:00 AM & 4:00 PM

Sunday 10:30 AM

Thursday 9:00 AM

Parish Office Hours are 10 AM TO 1PM

Tuesdays and Fridays

The Church is open from

7:30 AM TO 7:30 PM Everyday

**ST. ANNS IS AN EMERGENCY STORM SHELTER
FOR THOSE IN NEED DOORS WILL REMAIN OPEN
DURING STORMS**

Daily Readings

March 22: *Ezekiel 37:12-14*

Psalms 130:1-8

Romans 8:8-11

John 11:1-45

March 23: *Daniel 13:1-9, 15-17, 19-30, 33-62*

Psalms 23:1-6

John 8:1-11

March 24: *Numbers 21:4-9*

Psalms 102:2-3, 16-21

John 8:21-30

March 25: *Isaiah 7:10-14; 8:10*

Psalms 40:7-11

Hebrews 10:4-10

Luke 1:26-38

March 26: *Genesis 17:3-9*

Psalms 105:4-9

John 8:51-59

March 27: *Jeremiah 20:10-13*

Psalms 18:2-7

John 10:31-42

March 28: *Ezekiel 37:21-28*

Jeremiah 31:10-13

John 11:45-56

Upcoming Events

***Parish Penance Service- Sunday March 22nd**, a parish penance service will be offered during this holy season of Lent.
Sacred Heart : 2:30 PM to 4:30 PM
St. Ann's: 6:30 PM to 8:00 PM.

*** Bookstore- There are Easter items available in the bookstore!**

***Bible Study- Monday nights at 7:00 PM**

***African Mission Appeal: envelopes available in the gathering space.**

***Rice bowls are available in the gathering space**

***Easter Flowers- envelopes to donate to the flower fund are available in the gathering space. If you would like to donate in the name of a loved one, please write their name on the envelope. Thank you!**

You can hand in envelope to the office or during the collection at Mass.

***Stations of the Cross Schedule for St. Anns:
Every Wednesday at 6:30 PM**

***SEARCH -April 17th-19th at the Badlands Ministry retreat center in Medora. The Cor Christi Institute at the University of Mary has two sessions, July 6-10 and July 13-17. If you want the registration forms for both retreats, please contact your parish DRE's or Fr. Gary. Know that our parishes will pay for the registration fees.**

Stewardship of Treasure:

Adult: \$895

Loose: \$112

African Mission Appeal: \$350

Thank you for your donations!

“Jesus told her, ‘I am the resurrection and the life; whoever believes in me, even if he dies, will live, and everyone who lives and believes in me will never die.’”

Jesus used the death of Lazarus as an opportunity to make it clear that He was the resurrection and the life. He had power over death. In contrast, our lives are in fact sometimes lifeless. All too often, we simply go about the business of existing in this valley of tears with seemingly no sense of purpose---menaced by the common death which awaits us all. Life can seem oppressive and devoid of meaning. Lent makes this reality even worse. It is a “dark time,” wherein we look at our sinfulness and unworthiness. But in just two weeks, we will celebrate the ultimate expression of life; we will celebrate the resurrection of Jesus Christ. Because of His resurrection, life is a joy, but only for those who attach themselves to Jesus. If we do so, we can have purpose and exuberance in our lives because we know what lies ahead. We do at times let the flame of life diminish, and sometimes through our behavior we may even snuff it out. But it does not have to be this way. The life of faith offers resurrection to us even in this world and assuredly, in the world to come.

Difficult Scripture Passages

“Whoever eats my flesh and drinks my blood has eternal life, and I will raise him up on the last day. For my flesh is true food and my blood is real drink.” [John 6:54-55]

The Bread of Life discourse in John's Gospel (Chapter 6) is a foundational text for the Catholic belief in the Real Presence of the Holy Eucharist. Catholics believe that when we receive Holy Communion, we are receiving the actual flesh and blood of Jesus Christ . . . not bread and wine, but the body, blood, soul, and divinity of our Savior.

This understanding is clear from the above passage from John's Gospel. First, the word for “eat” is the Greek word *trogein*, which is not the usual verb used to describe human eating. The verb instead suggests “munching” or “gnawing,” to place emphasis upon the reality of the flesh and blood of the Holy Eucharist. Jesus wanted to stress the realism of the Holy Eucharist against some metaphorical interpretations. Second, John linked reception of the flesh and blood of Jesus Christ with being raised up on the last day. To reject the Holy Eucharist is to reject communion with God and eternal life, because God is life (c.f., John 1: 4). Lastly, to further emphasize the presence of Jesus Christ in the Holy Eucharist, John used strong adjectives: *true* food and *real* drink. Again, John was rejecting a mere symbolic interpretation of the Holy Eucharist and at the same time wanted to stress the nourishing spiritual value of the Holy Eucharist.

John's Gospel is quite clear on the Real Presence of the Holy Eucharist, but then why does the Holy Eucharist still look, taste, smell, and feel like mere bread and wine? The Catholic Church teaches us the doctrine of transubstantiation, that after the words of consecration (“This is my body,” “This is my blood”), the substance of bread and wine cease to exist and there remains only the substance of the living Christ. Bread and wine are changed into the Body and Blood of Christ. This is Catholic belief, but still, we want to know why it still tastes like bread and wine.

In our desire to understand this great mystery, we must first address the philosophical distinction of *substance* and *accidents*. A substance is a reality that is naturally suited to exist by itself. It possesses its own identity, which endures even if its appearance should change. An accident is an existing reality which does not exist on its own but exists as something other than itself; it is aligned with the substance. An accident is not an essential part of a substance and can be removed or abstracted away without altering a substance. For example, a human being is a substance with his/her own identity (a body/soul composite). Humans also possess accidents, such as hair color, weight, height, hearing, the number of fingers on the hand, etc. These accidents can be altered, changed, or removed (such as dying one's hair or losing a limb), but the substance remains. It is still a human person with his/her own existence; accidents do not determine a person. In the same way, the Holy Eucharist is the flesh and blood of Jesus Christ, which we accept in faith. The whole substance of bread and wine is changed into the whole substance of the Body and Blood of Christ. The accidents of bread and wine (such as size, color, shape, etc.) remain after transubstantiation has taken place. But these accidents are not important; we are concerned about the substance, the Body and Blood of Jesus Christ. Look beyond the bread you eat and the wine you drink and see the crucified body of Jesus Christ and His precious blood poured forth for sinners.

Have Mercy on Us and On the Whole World: This Sunday, March 22nd, we will have our Lenten Parish Penance Service. At Sacred Heart, Father John Paul Gardner and I will hear confessions from 2:30 to 4:30 PM. At Saint Ann's, Father Bruce Krebs and I will hear confessions from 6:30 to 8:00 PM. I pray that you will be able to take part in the Sacrament of

Penance on this day, because it may be one of the last opportunities to do so before Easter Sunday. As a priest, I can quote Scripture, Church documents, and writings from the Saints to inform us why we must come to Confession at least once a year. But the more authoritative voice is that of Jesus, who reminds us that the mercy and love of his Holy Cross flow into our hearts when we go to Confession. By not going to Confession, could we minimize or even ignore the sacrifice He made for love of us? By receiving the mercy of Jesus in the Sacrament of Penance, may it be a way of telling our Lord that He did not die in vain.

On the Lighter Side, *Lenten Humor*

Pickup Line Exclusive to Catholics: "Hey girl, I'd like to take you out for a small meal, that when combined with another small meal, doesn't exceed a large meal."

A Christian Point to Ponder: "*Have faith, because God will open doors that no man can shut.*"

HOLY WEEK

HOLY THURSDAY, APRIL 2ND
ST. ANNS- 6:30 PM
SACRED HEART- 7:00 PM

GOOD FRIDAY, APRIL 3RD
SACRED HEART- 3:00 PM
ST. ANN'S- 7:00 PM

HOLY SATURDAY, APRIL 4TH
ST. ANNS- 7:30 PM
SACRED HEART- 7:30 PM

EASTER SUNDAY, APRIL 5TH
ST. ANNS- 8:30 AM
SACRED HEART- 10:30 AM

